









# WEEK 1 DINNER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
CAJUN BUTTER BEEF	THAI COCONUT BAKED CHICKEN BREAST	SALMON FISH CAKES	CILANTRO & LIME CHICKEN BREAST	GARLIC & DIJON MUSTARD CHICKEN DRUMSTICKS	SMOKED BACON & BROCCOLI RICE	ROAST CHICKEN & YORKIES
BRUCHETTA CHICKEN BREAST	SCOTCH PIES	CHORIZO TOMATO PASTA	CORNERD BEEF HASH WITH BOILED EGGS	MINI SAUSAGE TOMATO PASTA	CHEFS EXTRA CHOICE	CHEFS EXTRA CHOICE
VEGI MINI QUICHE	QUORN SAUSAGE CASSEROLE	BROCCOLI & MUSHROOM STIR FRY	CHEESE & ONION PASTY	ROAST VEG LASAGNE	POTATO WAFFLES	VEG & CHEESE QUESADILLAS
OVEN BAKED JACKET POTATO	OVEN BAKED JACKET POTATO	OVEN BAKED JACKET POTATO	OVEN BAKED JACKET POTATO	OVEN BAKED JACKET POTATO	OVEN BAKED JACKET POTATO	OVEN BAKED JACKET POTATO
SWEETCORN	BROCCOLI	PEAS	BROCCOLI	GREEN BEANS	BEANS	CARROTS
CARROTS BEANS	BEANS	CAULIFLOWER	TURNIP	CARROTS	SWEETCORN	BUTTERED SPINACH
ROAST POTATOES	HERB & MUSTARD STEAMED POTATOES	ROAST POTATOES	STEAMED POTATOES	ROAST POTATOES	STEAMED POTATOES	ROAST POTATOES
STEAMED POTATOES	ROAST POTATOES	STEAMED POTATOES	ROAST POTATOES	SPRING ONION STEAMED POTATOES	ROAST POTATOES	STEAMED POTATOES
SALAD BAR & DRESSINGS	SALAD BAR & DRESSINGS	SALAD BAR & DRESSINGS	SALAD BAR & DRESSINGS	SALAD BAR & DRESSINGS	SALAD BAR & DRESSINGS	SALAD BAR & DRESSINGS
BREAD ROLLS, WRAPS, WHOLEMEAL BREAD & WHITE BREAD	BREAD ROLLS, WRAPS, WHOLEMEAL BREAD & WHITE BREAD	BREAD ROLLS, WRAPS, WHOLEMEAL BREAD & WHITE BREAD	BREAD ROLLS, WRAPS, WHOLEMEAL BREAD & WHITE BREAD	BREAD ROLLS, WRAPS, WHOLEMEAL BREAD & WHITE BREAD	BREAD ROLLS, WRAPS, WHOLEMEAL BREAD & WHITE BREAD	BREAD ROLLS, WRAPS, WHOLEMEAL BREAD & WHITE BREAD
FRESH FRUIT	FRESH FRUIT	FRESH FRUIT	FRESH FRUIT	FRESH FRUIT	FRESH FRUIT	FRESH FRUIT
CREAMY RICE PUDDING	RASPBERRY JELLY	STRAWBERRY CRUMBLE & CUSTARD	GINGER CAKE & CREAM	CHOCOLATE PASTRY STICKS	FRUIT COCKTAIL	CHEFS DESSERT CHOICE

# WEEK 2 DINNER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
TURKEY FRICASSEE PASTA	BREADED CHICKEN	KUNG POA CHICKEN BREAST	HAGGIS	CAJUN BACON CHOPS	FAJITA CHICKEN PASTA	MUSTARD & THYME LAMB CHOPS
CORNISH PASTY	CREAMY CHEESE HAM & BROCCOLI PASTA	IRISH STEW	BEEF CHILLI	CREAMY GARLIC & RED ONION CHICKEN BREAST	CHEFS EXTRA CHOICE	CHEFS EXTRA CHOICE
VEG PAKORA	QUORN & VEG PIE	VEGI BOLOGNAISE PASTA	MOROCCAN SPICED VEG COUS COUS	QUORN CHOW MEIN	HOMEMADE VEGI TOMATO SAUSAGE ROLL	RAINBOW VEGI MINCE PASTA
OVEN BAKED JACKET POTATO	OVEN BAKED JACKET POTATO	OVEN BAKED JACKET POTATO	OVEN BAKED JACKET POTATO	OVEN BAKED JACKET POTATO	OVEN BAKED JACKET POTATO	OVEN BAKED JACKET POTATO
CAULIFLOWER	BEANS	GREEN BEANS	TURNIP	CARROTS	SWEETCORN	GARLIC ROAST CHERRY TOMATOES
BUTTERED CABBAGE	CARROTS	MIXED VEG	BROCCOLI	GREEN BEANS	BRUSSEL SPROUTS	BROCCOLI
STEAMED POTATOES	MASHED POTATOES	CROQUETTES	MASHED POTATOES	ROAST POTATOES	STEAMED POTATOES	ROAST POTATOES
ROAST POTATOES	STEAMED POTATOES	STEAMED POTATOES	ROAST POTATOES	STEAMED POTATOES	GARLIC ROAST POTATOES	STEAMED POTATOES
SALAD BAR & DRESSINGS	SALAD BAR & DRESSINGS	SALAD BAR & DRESSINGS	SALAD BAR & DRESSINGS	SALAD BAR & DRESSINGS	SALAD BAR & DRESSINGS	SALAD BAR & DRESSINGS
BREAD ROLLS, WRAPS, WHOLEMEAL BREAD & WHITE BREAD	BREAD ROLLS, WRAPS, WHOLEMEAL BREAD & WHITE BREAD	BREAD ROLLS, WRAPS, WHOLEMEAL BREAD & WHITE BREAD	BREAD ROLLS, WRAPS, WHOLEMEAL BREAD & WHITE BREAD	BREAD ROLLS, WRAPS, WHOLEMEAL BREAD & WHITE BREAD	BREAD ROLLS, WRAPS, WHOLEMEAL BREAD & WHITE BREAD	BREAD ROLLS, WRAPS, WHOLEMEAL BREAD & WHITE BREAD
FRESH FRUIT	FRESH FRUIT	FRESH FRUIT	FRESH FRUIT	FRESH FRUIT	FRESH FRUIT	FRESH FRUIT
JAM DOUGHNUTS	PASTEL DEL NATA	MIXED CUPCAKES	STRAWBERRY ANGEL DELIGHT	BLUEBERRY MUFFINS	LEMON DRIZZLE SLICE	CHEFS DESSERT CHOICE

# WEEK 3 DINNER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BEEF & VEG MINCE WITH DOUGHBALLS	TOMATO SALMON PASTA	STEAK & SAUSAGE PIE	LEEK & WILD MUSHROOM PORK RICE	CHICKEN SAMOSAS	SMOKED BACON & CHEESE BURGER PASTA	SAUSAGE ROLLS
CREAMY TUNA PASTA	KORMA PORK MEATBALLS WITH RICE	CHICKEN & SWEETCORN PASTA	CHICKEN CACCIATORE	CORNED BEEF & VEG PIE TOPPED WITH SPRING ONION MASH	CHEFS EXTRA CHOICE	CHEFS EXTRA CHOICE
QUORN BIRYANI	ROAST PEPPERS FILLED WITH GARLIC MUSHROOMS	ROAST VEG QUINOA	MEDITERANEAN VEG RAVIOLI	MAC & CHEESE TOPPED WITH EMMENTAL CHEESE	GRILL HOUSE QUORN BALLS	POTATO WAFFLES
OVEN BAKED JACKET POTATO	OVEN BAKED JACKET POTATO	OVEN BAKED JACKET POTATO	OVEN BAKED JACKET POTATO	OVEN BAKED JACKET POTATO	OVEN BAKED JACKET POTATO	OVEN BAKED JACKET POTATO
PEAS	MIXED VEG	SPINACH	CAULIFLOWER	SWEETCORN	BROCCOLI	CARROTS
COURGETTE & CARROTS	CAULIFLOWER	MUSHROOMS & CHERRY TOMATOES	GREEN BEANS	ROAST AUBERGINES	TURNIP	BEANS
ROAST POTATOES	STEAMED POTATOES	ROAST POTATOES	STEAMED POTATOES	ROAST POTATOES	STEAMED POTATOES	HASH BROWNS
STEAMED POTATOES	ROAST POTATOES	MASHED POTATOES	ROAST POTATOES	STEAMED POTATOES	WEDGES	STEAMED POTATOES
SALAD BAR & DRESSINGS	SALAD BAR & DRESSINGS	SALAD BAR & DRESSINGS	SALAD BAR & DRESSINGS	SALAD BAR & DRESSINGS	SALAD BAR & DRESSINGS	SALAD BAR & DRESSINGS
BREAD ROLLS, WRAPS, WHOLEMEAL BREAD & WHITE BREAD	BREAD ROLLS, WRAPS, WHOLEMEAL BREAD & WHITE BREAD	BREAD ROLLS, WRAPS, WHOLEMEAL BREAD & WHITE BREAD	BREAD ROLLS, WRAPS, WHOLEMEAL BREAD & WHITE BREAD	BREAD ROLLS, WRAPS, WHOLEMEAL BREAD & WHITE BREAD	BREAD ROLLS, WRAPS, WHOLEMEAL BREAD & WHITE BREAD	BREAD ROLLS, WRAPS, WHOLEMEAL BREAD & WHITE BREAD
FRESH FRUIT	FRESH FRUIT	FRESH FRUIT	FRESH FRUIT	FRESH FRUIT	FRESH FRUIT	FRESH FRUIT
CARROT CAKE	APPLE CRUMBLE & CUSTARD	TRIPLE RASPBERRY VICTORIA SPONGE & CREAM	ORANGE JELLY	MILK CHOCOLATE COOKIES	VANILLA ICE CREAM TUBS	CHEFS DESSERT CHOICE

# WEEK 4 DINNER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SPAGHETTI BOLOGNAISE WITH GARLIC BREAD	SHEPHERDS PIE	HAWAIIAN SWEET & SOUR BEEF & RICE	BRAISED BEEF BURGER IN MUSHROOM GRAVY	BREADED COD GOUJONS WITH LEMON	BOMBAY LAMB WRAPS	ROAST TURKEY & GRAVY
BLACK PUDDING PASTRY BITES	THAI GREEN CHICKEN CURRY & RICE	HONEY & MUSTARD PORK CHOPS	GARLIC & LEMON BUTTER CHICKEN BREAST	PULLED PORK LASAGNE	CHEFS EXTRA CHOICE	CHEFS EXTRA CHOICE
VEGI SAUSAGE IN ONION GRAVY	LEMON & QUORN FRESH BASIL SPAGHETTI	MEDITERANEAN PASTA	QUORN BOLOGNAISE	PERI PERI RICE	SPINACH & WILD MUSHROOM QUORN STIR FRY & NOODLES	TOMATO & ONION PASTA
OVEN BAKED JACKET POTATO	OVEN BAKED JACKET POTATO	OVEN BAKED JACKET POTATO	OVEN BAKED JACKET POTATO	OVEN BAKED JACKET POTATO	OVEN BAKED JACKET POTATO	OVEN BAKED JACKET POTATO
BROCCOLI SOUP	SWEET POTATO ROAST VEG	ROAST LEEKS & MUSHROOMS	CAULIFLOWER & BROCCOLI	PEAS	SWEETCORN	BRUSSEL SPROUTS
ONION RINGS	SWEETCORN	CARROTS	MIXED VEG	BEANS	SPINACH & WILD MUSHROOM QUORN STIR FRY & NOODLES	SWEETCORN
STEAMED POTATOES	ROAST POTATOES	HASH BROWNS	MASHED POTATOES	ROAST POTATOES	STEAMED POTATOES	CROUQUETTES
STEAMED POTATOES	ROAST POTATOES	STEAMED POTATOES	ROAST POTATOES	STEAMED POTATOES	ROAST POTATOES	MASHED POTATOES
SALAD BAR & DRESSINGS	SALAD BAR & DRESSINGS	SALAD BAR & DRESSINGS	SALAD BAR & DRESSINGS	SALAD BAR & DRESSINGS	SALAD BAR & DRESSINGS	SALAD BAR & DRESSINGS
BREAD ROLLS, WRAPS, WHOLEMEAL BREAD & WHITE BREAD	BREAD ROLLS, WRAPS, WHOLEMEAL BREAD & WHITE BREAD	BREAD ROLLS, WRAPS, WHOLEMEAL BREAD & WHITE BREAD	BREAD ROLLS, WRAPS, WHOLEMEAL BREAD & WHITE BREAD	BREAD ROLLS, WRAPS, WHOLEMEAL BREAD & WHITE BREAD	BREAD ROLLS, WRAPS, WHOLEMEAL BREAD & WHITE BREAD	BREAD ROLLS, WRAPS, WHOLEMEAL BREAD & WHITE BREAD
FRESH FRUIT	FRESH FRUIT	FRESH FRUIT	FRESH FRUIT	FRESH FRUIT	FRESH FRUIT	FRESH FRUIT
PEACH & APRICOT CRUMBLE WITH CREAM	CHOCOLATE MUFFINS	LEMON BRULEE CHEESECAKE	BANANA ANGEL DELIGHT	PASTEL DEL NATA	PROFITEROLES	CHEFS DESSERT CHOICE



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